GLASGOW

Monday 7:30pm-8:30pm
"Burgher St Wednesdays"
Church of the Nazarene, Burgher St, Glasgow, G31 4TP

Saturday 8:00pm-9:00pm
"A Vision for You"
Barclay Curle House, South Street
Glasgow, G1 4BX

Wednesday 7:30pm-8:30pm
"Big Book Study Group - Glasgow"
Anderston and Kelvingrove Church, 759 Argyle St,
Glasgow, G3 8DS

Sunday 8:00pm-9:30pm
"Footstep in The Solution"
Whiteinch Community Centre, 1 Northinch Court,
Glasgow, G41 0UG

Tuesday 10:30am-11:30am
"Lisburn Meeting"
Whiteinch Community Centre, 1 Northinch Court,
Glasgow, G41 0UG

Thursday 7:30pm-8:30pm
"Step into the Light"
Kelvingrove Parish Church, 200 Sauchiehall Street,
Glasgow, G2 1LB

Tuesday 7:00pm-7:30pm
"Step into the Light"
St Andrews Church, 1040 Westerhouse Road,
Glasgow, G43 9JW

Friday 8:00pm-8:30pm
"Step into the Light"
Calton Parish Church, 1 Errol Gardens,
Glasgow, G5 0RA

Sunday 11:30am-12:30pm
"Easterhouse Sunday's"
Glasgow Alliance, 1040 Westerhouse Road,
Glasgow, G43 9JW

Monday 8:00pm-9:30pm
"Kirkintilloch Wednesdays"
Addiction Recovery Services, Carntyne House,
Rutherglen, G73 1SD

Wednesday 7:30pm-8:00pm
"Free at Last"
Glasgow Royal Infirmary, 84 Castle Street,
Glasgow, G1 5DT

Friday 8:00pm-8:30pm
"Keeping in Touch"
Auchinairn Community Centre, 1A South Muirhead Road,
Cumbernauld, G67 1AX

Tuesday 7:30pm-8:00pm
"Glasgow Women's Big Book" - CLOSED MEETING
Whiteinch Community Centre, 1 Northinch Court,
Glasgow, G41 0UG

Thursday 7:00pm-8:00pm
"The Southside Solution"
Parkhead Parish Church, 77 Westmuir St, Parkhead
Glasgow, G31 3EW

Wednesday 7:30pm-8:30pm
"Burgher St Wednesdays"
Church of the Nazarene, Burgher St, Glasgow, G31 4TP

Saturday 8:00pm-9:00pm
"A Vision for You"
Barclay Curle House, South Street
Glasgow, G1 4BX

Wednesday 7:30pm-8:45pm
"Step Out of The World of the Spirit"
Kelvinbridge Parish Church, 62 Belmont St, Maryhill,
Glasgow, G20 6JR

Monday 8:00pm-9:30pm
"HFC-Whiteinch Meetings"
Reuther Hall, 31 Victoria St, Rutherglen,
Glasgow G73 2SL

Tuesday 7:00pm-8:00pm
"Step into the Light"
Mosspark Baptist Church
15 Carkeith Rd, Edinburgh, EH13 9PG

Thursday 7:30pm-8:00pm
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Saturday 8:00pm-9:00pm
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"Step into the Light"
Mosspark Baptist Church
15 Carkeith Rd, Edinburgh, EH13 9PG

Monday 7:30pm-9:00pm
"The Newlands Meeting"
Reuther Hall, 31 Victoria St, Rutherglen,
Glasgow G73 2SL

Monday 7:30pm-9:00pm
"Step Out of The World of the Spirit"
Parkhead Parish Church, 77 Westmuir St, Parkhead
Glasgow, G31 3EW

Wednesday 7:30pm-8:30pm
"Burgher St Wednesdays"
Church of the Nazarene, Burgher St, Glasgow, G31 4TP

Wednesday 8:00pm-9:00pm
"A Vision for You"
Barclay Curle House, South Street
Glasgow, G1 4BX

Sunday 8:00pm-9:30pm
"Saturday Night Fever"
Gorbals Parish Church, 1 Errol Gardens,
Glasgow, G5 0RA

Sunday 11:30am-12:30pm
"Easterhouse Sunday's"
Glasgow Alliance, 1040 Westerhouse Road,
Glasgow, G43 9JW

Sunday 1:30pm-3:00pm
"Step into The Solution"
Whiteinch Community Centre, 1 Northinch Court,
Glasgow, G41 0UG

Sunday 8:00pm-9:30pm
"Riddrie Sunday"
St Enoch Church, 860 Cumbernauld Road,
Glasgow, G32 2QW

Sunday 7:00pm-8:15pm
"Newcomers meeting"
Quaker Meeting House, Elmbank Lane
Glasgow G2 4PQ

Friday 10:00pm-11:30am
"12 Steps Study Group"
St Simons RC Church, 33 Partick Bridge St,
Glasgow, G11 6PQ

Friday 1:00pm-2:00pm
"Calton Fridays"
St Mary's RC Church, 89 Abercromby St, Glasgow,
G40 2DQ

Friday 6:00pm-7:00pm
"Carry This Message"
Whiteinch Community Centre, 1 Northinch Court,
Glasgow, G41 0UG

Friday 7:30pm-9:00pm
"LGBT Fog" - Scottish Recovery Consortium,
30 Bell Street (2nd Floor), Merchant City, Glasgow, G1 1LG

Friday 7:45pm-9:15pm
"Carnegie Meeting"
Carnegie Parish Church, 121 Carnegie Drive,
Glasgow, G65 9UG

Friday 8:00pm-9:30pm
"Carnegie Meeting"
Carnegie Parish Church, 121 Carnegie Drive,
Glasgow, G65 9UG

Friday 10:30pm-11:30pm
"Late Night fernery"
Church of the Nazarene, Burgher St, Glasgow,
G31 4TP

Thursday 7:00pm-7:30pm
"Hamilton Thursdays"
Main Street Park, Cadzow Avenue, Hamilton,
ML3 9TH

Saturday 10:30am - 11:45am
"SK Saturday Morning"
East Ayrshire Baptist Church, 2 Maxwell Drive,
The Village, East Kilbride, G74 4HG

North Lanarkshire

Monday 8:00pm-9:30pm
"What's it Called (Cumbernauld Monday Night)"
Muirfield Community Centre, 1A South Muirhead Road,
Cumbernauld, G67 1AX

Tuesday 8:00pm-9:30pm
"Young Newcomers"
St Andrews Church, 9 Old Monklands Road,
Coatbridge, ML5 5AY

Thursday 1pm-2pm
"Daytime Solutions - Motherwell"
ISA Money Community Centre, Muirhouse Road,
Motherwell, ML1 2LT

Wednesday 7:00pm - 8:30pm
"Carfin Well Wednesdays"
John McCormick Centre, Motherwell Road
Carfin, ML1 4ED

Thursday 8:00pm-9:00pm
"Airdrie Thursdays"
Clarkston Parish Church, Forrest St
Airdrie, ML6 7RE

Friday 8:00pm-9:30pm
"Coatbridge Fridays"
St Andrews School, 9 Old Monklands Road,
Coatbridge, ML5 5AY

Saturday 9:30am - 10:30am
"Cumbernauld Step Meeting"
Muirfield Community Centre, 1A South Muirhead Road,
Cumbernauld, G67 1AX

Saturday 8:00pm-9:30pm
"Wishaw Saturday"
Saint Andrew's Scottish Episcopal Church, 39 Belhaven Terrace
Wishaw, ML2 2AY

Renfrewshire

Monday 7:30pm - 9:00pm
"Paisley Monday"
The Wynd Centre, 6 School Wynd, Paisley, PA1 2DB

Tuesday 8:00pm - 9:00pm
"Lewisham Meeting"
East Ayrshire Primary School, Gilmartin Rd, Linwood
Paisley, PA3 1ST

Wednesday 7:30pm-8:30pm
"Paisley Wednesdays"
The Wynd Centre, 6 School Wynd, Paisley, PA1 2DB

Friday 7:30pm - 9:00pm
"The Tree of Life"
Salvation Army (Paisley), Mill Street, Paisley,
PA1 1ND

Sunday 8:00pm - 9:30pm
"Renfrew Sunday"
St Margarets Church Hall, 55 Paisley Road,
Renfrew, PA4 8LG

East Dunbartonshire

Wednesday 7:30pm-9:00pm
"Kirkintilloch Wednesdays"
Addiction Recovery Services, 29 Townhead,
Kirkintilloch, G66 1NG

Thursday 7:30pm - 8:30pm
"Beardsen Acceptance Is The Answer"
ST Andrews church 29 Roman Road
Beardsen G61 2SH

Friday 7:30pm - 9:00pm
"Auchinairn Fridays"
Free Church of Scotland, 13 Auchinairn Road,
Bishopbriggs, G64 1RX

Inverclyde

Tuesday 7:30pm - 9:30pm
"Greenock Tuesdays"
Salvation Army, 59 Regent St, Greenock, PA15 4HP

Sunday 12:00pm - 2:00pm
"The Big Fight-Live"
Greenock Boxing Club, 1 Bawhilsry Rd
Greenock, PA15 2BN
**COCAINE ANONYMOUS SCOTLAND MEETING LIST**

**WEST DUNbartonshire**
- Monday 8.00pm-9.30pm
  - "A Second Go at Life"
  - CATRA, 5 Alexander Street, Alexandria G81 0PG
- Tuesday 7.45pm-9.00pm
  - "Clydebank Tuesdays"
  - Radnor Park Parish Church, Spencer St, Clydebank, G81 3AS
- Wednesday 8.00pm-9.30pm
  - "Recovery At The Rock"
  - St Augustine's Church Hall, St Marys Way, Dumfartton, G82 1LL

**ARGYLL AND BUTE**
- Friday 8.00pm-9.30pm
  - "Helensburgh First CA Meeting"
  - St Joseph's Lower Hall, Grant St
  - Helensburgh, G83 7QN

**SOUTH AYRSHIRE**
- Friday 8:00pm - 9:30pm
  - "Progress Ayr Friday Night"
  - Riverside Evangelical Church, John St, Ayr, KA8 0BS

**NORTH AYRSHIRE**
- Monday 7.30pm-9.00pm
  - "Irvine Monday"
  - Vineburgh Community Centre, Quarry Rd, Irvine, KA12 0PS
- Tuesday 6.00pm-7.00pm
  - "Big Book Study Irvine Tuesday"
  - Vineburgh Community Centre, Quarry Rd, Irvine, KA12 2PS
- Thursday 7.30pm-9.00pm
  - "Thursday Meditation"
  - Woodlands Centre, 16 Kilwinning Rd, Irvine, KA12 3RU

**EAST AYRSHIRE**
- Tuesday 8.00pm-9.30pm
  - "Stronger Together"
  - Scottish Episcopal Church, Portland Road, Kilmarnek, KA1 2BT
- Wednesday 8:00pm-9.30pm
  - "Kilmarnock Tuesdays"
  - North West Community Centre, Western Road, Kilmarnek, KA1 3NQ
  - Saturday 1:30pm - 3:00pm
  - "Kilmarnock Saturdays"
  - North West Community Centre, Western Road, Kilmarnek, KA1 3NQ

**EDINBURGH**
- Monday 7.30pm - 9.00pm
  - "The truth will set free (Mediation)"
  - Salvation Army (Gorgie), 431 Gorgie Road, Edinburgh, EH11 2RT
  - Monday 8:00pm - 9:30pm
  - "Happy Mondays (Edinburgh)"
  - South Leith Baptist Church, Casselbank Street
  - Edinburgh, EH6 5HA

Tuesday 3.30pm - 4.30pm
- "Niddrie Street"
- Salvation Army (Niddrie Street), 25 Niddrie Street
- Edinburgh, EH11 1LG

Wednesday 11.00am - 12.00pm
- "Edinburgh - Lunchtime Wednesday"
- Lifeline Project Offices, 62 Broughton St
- Edinburgh, EH1 3SA

Wednesday 7.30pm - 9.00pm
- "Edinburgh Big Book Study"
- GDS Church, 190-192 Gorgie Road, Edinburgh, EH11 2NH

Thursday 1:00pm - 2:00pm
- "Cheesser Thursday"
- St Aidens Church Hall, Chesser Avenue
- Edinburgh, EH1 3PS

Thursday 7.00pm - 8.00pm
- "Bridge to Shore"
- Gate 55 Community Centre, 55 Sighthill Rd, Edinburgh EH1 4BP

Friday 8:00 - 9:30pm
- "TG1 Friday Edinburgh"
- Jackson's Close, 22 Cockburn Street, Edinburgh, EH1 1PR

Sunday 6:00pm-7:30pm
- "Cockburn St Sundays"
- Jackson's Close, 22 Cockburn Street, Edinburgh, EH1 1PR

**WEST LOTHIAN**
- Wednesday 7:00pm - 8:30pm
  - "A Vision For You"
  - Cyrenians Recovery Hub, 19 South Bridge St
  - Bathgate, EH48 1TU
- Saturday 1:00pm - 4:00pm
  - "Livingston Saturday"
  - St John's Hospital (First Floor Education Centre), Howden Rd West, Livingston, EH54 6DP

Sunday 8:00pm - 9:30pm
- "Falkirk L L 20th Sunday Spirit"
- Fauldhouse and Breich Valley Indoor Market, 1 Blackfauls Place, Fauldhouse, EH74 9AS

**EAST LOTHIAN**
- Friday 4.30pm - 5.30pm
  - "Musselburgh CA Friday"
  - The Esk Centre Ladywell
  - Musselburgh, EH21 6AB

**FALKIRK**
- Tuesday 7:30pm-8:30pm
  - "How We Recovered (Falkirk Big Book Study)"
  - Addictions Support & Counselling
  - 32 Vicar Street (Top Buzzer), Falkirk, FK1 1JB

Thursday 8.00pm-9:00pm
- "Welcome to Cocaine Anonymous"
  - Falkirk Trinity Church, Manse Place, Falkirk, FK1 1JN

**FIFE**
- Monday 7:30pm-8:30pm
  - "Hell And Back"
  - St Serfs Parish Church, 82 Main St, Lochgelly, KY5 9AA

**SCOTTISH HIGHLANDS**
- Monday 7:00pm-8:30pm
  - "12x12 Meeting"
  - 38-40 Grant Street (behind charity shop)
  - Inverness, IV3 8BS

Wednesday 7:00pm-8:30pm
- "Big Book Discussion"
  - Dunbar Centre, 8 Church Street, Inverness, IV1 1EP

Friday 7:00pm-8:15pm
- "Friday Night Step Meeting"
  - CYC Building, 12 Bank Street
  - Inverness, IV1 1QY

**SCOTTISH BORDERS**
- Sunday 7:30pm - 8:45pm
  - "12 Step 12 Traditions Discussion"
  - Rosetta Neighbourhood Centre, 17 Rosetta Road, Peebles, EH45 8UJ

**USEFUL NUMBERS**

| Helpline: 0141 959 6363 | www.cascotland.org.uk |
| info@cascotland.org.uk |

PO Box 2816
Glasgow G61 9AX

For any changes to the meeting list please email: info@cascotland.org.uk

June 2019