

## GLASGOW

**Monday 1:00pm - 2:00pm**

"The Monday Club - Step Meeting"

Church of the Nazarene, Burgher St, Glasgow, G31 4TP

**Monday 7:30pm - 8:45pm**

"Happy Mondays (Glasgow)"

St. Paul's Church, 1653 Shettleston Road, Glasgow, G32 9AR

**Monday 7:30pm - 8:45pm**

"Gallowgate Haven"

Wallace of Campsie House, 30 E Campbell St Glasgow, G1 5DT

**Monday 8.00pm-9.15pm**

"The Way Out Big Book Study"

Partick Burgh Halls, Glasgow, G11 5LW

**Monday 7.30pm-8.45pm**

"Step 10/11 World of the spirit"

Kelvinbridge Parish Church, 62 Belmont St, Maryhill, Glasgow, G20 6JR

**Monday 8.00pm-9.30pm**

"HFC-Newcomers Meeting"

Reuther Hall, 31 Victoria St, Rutherglen, Glasgow G73 2SL

**Monday 7:30pm - 9:00pm**

"Free at Last"

MossPark Baptist Church  
155 Corkerhill Rd, Glasgow, G52 1PG

**Monday 7:30pm - 9:00pm**

"Springburn Monday Night"

Gladstreams Center, AOG Church, Palermo St, Springburn, Glasgow, G21 4SX

**Tuesday 1:00pm - 2:00pm**

"Newcomers Meeting"

St Marys RC Church, 89 Abercromby St, Glasgow, G40 2DQ

**Tuesday 7:30pm-8.30pm**

"The Southside Solution"

Pollockshaws Burgh Hall, 2025 Pollockshaws Road, Glasgow, G43 1NE

**Tuesday 7:30pm-9.00pm**

"Tuesday Women's Meeting (Gorbals)"

Gorbals Parish Church, 1 Errol Gardens Glasgow, G5 0RA

**Tuesday 7:30pm-9.00pm**

"Back to Basics"

G.E.S.H. Building, 1 Redcastle Square, Garthamlock Glasgow, G33 5EG United Kingdom

**Tuesday 8:00pm-9.00pm**

"12 Step Recovery"

Woodlands Methodist Church, Woodlands Road, Glasgow, G3 6LW

**Tuesday 8.00pm-9.30pm**

"There is a Solution"

St. Paul's Church, 1653 Shettleston Road, Glasgow, G32 9AR

**Tuesday 8.00pm-9.30pm**

"Royal Recovery"

Glasgow Royal Infirmary (Old Building), 84 Castle Street Glasgow, G4 0SF

**Wednesday 7.30-8.30pm**

"Whiteinch Wednesdays"

Whiteinch Community Centre, 1 Northinch court, Glasgow G14 0UG

**Wednesday 7:30pm-8.30pm**

"Burgher St Wednesdays"

Church of the Nazarene, Burgher St, Glasgow, G31 4TP

**Wednesday 8:00pm-9.00pm**

"Big Book Study Group - Glasgow"

Anderston and Kelvingrove Church, 759 Argyle St, Glasgow, G3 8DS

**Thursday 12:00pm-1:00pm**

"Thursday Lunch Hour"

St Simons RC Church, 33 Partick Bridge St, Glasgow, G11 6PQ

**Thursday 7:00pm - 8:30pm**

"Whiteinch Women's Big Book" CLOSED MEETING

Whiteinch Community Centre, 1 Northinch Court, Glasgow, G14 0UG

**Thursday 8:00pm - 9:30pm**

"Fellowship of the Spirit Big Book Study"

"Shettleston Methodist Church, 1104 Shettleston Road, Glasgow, G32 7PH

**Thursday 8:00pm - 9:30pm**

"Recovery Meeting"

Quaker Meeting House, Elmbank Lane Glasgow G2 4PS

**Friday 10:30am - 11:30am**

"12&12 Study Group"

St Simons RC Church, 33 Partick Bridge St, Glasgow, G11 6PQ

**Friday 1:00pm - 2:00pm**

"Calton Fridays"

St Mary's RC Church, 89 Abercromby St, Glasgow, G40 2DQ

**Friday 6:00pm - 7:00pm**

"Carry This Message"

Whiteinch Community Centre, 1 Northinch Court, Glasgow, G14 0UG

**Friday 7:30pm - 9:00pm**

"LGBT Fridays"

Scottish Recovery Consortium, 30 Bell Street (2nd Floor), Merchant City, Glasgow, G1 1LG

**Friday 7:45pm - 9:15pm**

"Castlemilk Friday Night"

Castlemilk Community Centre, 121 Castlemilk Drive, Glasgow, G45 9UG

**Friday 8.00pm - 9:30pm**

"Etive Street Friday"

Salvation Army (Shettleston), 34 Etive Street Glasgow, G32 7LX

**Friday 10:30pm-11.30pm**

"Late Night Friday"

Church of the Nazarene, Burgher St, Glasgow, G31 4TP

**Saturday 10:00am - 11:15am**

"Parkhead Saturdays"

Parkhead Congregational Church, 77 Westmuir St, Parkhead Glasgow, G31 5EW

**Saturday 3:00pm-4.00pm**

"Women's Meeting"

Woodlands Methodist Church, Woodlands Road, Glasgow, G3 6LW

**Saturday 5:00pm-6.30pm**

"Woodlands Saturdays"

Woodlands Methodist Church, Woodlands Road, Glasgow, G3 6LW

**Saturday 8:00pm-9.00pm**

"A Vision for You"

Barclay Curle House, South Street Glasgow, G14 0BX

**Saturday 8:00pm-9.30pm**

"Saturday Night Fever"

Gorbals Parish Church, 1 Errol Gardens, Glasgow, G5 0RA

**Sunday 11:30am - 12:30pm**

"Easterhouse Sunday's"

Glasgow Kelvin College, 1040 Westerhouse Rd, Glasgow, G34 9JW

**Sunday 1:30pm - 3:00pm**

"Step into The Solution"

Whiteinch Community Centre, 1 Northinch Court Glasgow, G14 0UG

**Sunday 8:00pm - 9:30pm**

"Riddrie Sunday"

St Enoch Church, 860 Cumbernauld Road Glasgow, G33 2QW

**Sunday 7:00pm - 8:15pm**

"Newcomers meeting"

Couper Institute, Holmea Road, Cathcart, Glasgow, G44 3DA

**Sunday 8:00pm - 9:15pm**

"Shettleston Sunday Step Meeting"

St Serfs Church, 1464 Shettleston Road, Glasgow, G32 9AL

## SOUTH LANARKSHIRE

**Monday 8.00pm-9.30pm**

"Step into the promises"

Tannochside Senior citizens centre, 2 Thorniewood Rd, Uddingston, G71 5QQ

**Wednesday 7:30pm - 9.00pm**

"The Basics - Newcomers Meeting"

David Milne Centre, Old Mill Rd, Uddingston G71 7PF

**Wednesday 7:30pm - 9:00pm**

"Beginners into Action"

East Mains Baptist Church, 12 Maxwell Drive, The Village, East Kilbride, G74 4HG

**Thursday 7:00pm - 8:30pm**

"Hamilton Thursdays"

Main Stand - New Douglas Park, Cadzow Avenue, Hamilton, ML3 0FT

**Saturday 10:30am - 11:45am**

"EK Saturday Morning"

East Mains Baptist Church, 2 Maxwell Drive, The Village, East Kilbride, G74 4HG

## NORTH LANARKSHIRE

**Monday 8.00 pm-9.30pm**

"What's It Called (Cumbernauld Monday Night)"

Muirfield Community Centre, 1A South Muirhead Road, Cumbernauld, G67 1AX

**Tuesday 8:00pm - 9:30pm**

"Young Newcomers"

St Andrews School, 9 Old Monklands Road Coatbridge, ML5 5EA

**Thursday 1pm-2pm**

"Daytime Solutions - Motherwell"

ISA Money Community Centre, Muirhouse Road Motherwell, ML1 2LT

**Thursday 8.00pm-9.00pm**

"Airdrie Thursdays"

Clarkston Parish Church, Forrest St Airdrie, ML6 7BE

**Friday 8:00pm - 9:30pm**

"Coatbridge Fridays"

St Andrews School, 9 Old Monklands Road, Coatbridge, ML5 5EA

**Saturday 9:30 am - 10:30 am**

"Cumbernauld Step Meeting"

Muirfield Community Centre, 1A South Muirhead Road, Cumbernauld, G67 1AX

**Saturday 8:00pm - 9:30pm**

"Wishaw Saturday"

Saint Andrew's Scottish Episcopal Church, 39 Belhaven Terrace Wishaw, ML2 7AY

## RENFREWSHIRE

**Monday 7:30pm - 9:00pm**

"Paisley Monday"

The Wynd Centre, 6 School Wynd, Paisley, PA1 2DB

**Wednesday 7:30pm-8.30pm**

"Paisley Wednesdays"

The Wynd Centre, 6 School Wynd, Paisley, PA1 2DB

**Friday 7:30pm - 9:00pm**

"TGI Friday Paisley CA"

Salvation Army (Paisley), Mill Street, Paisley, PA1 1ND

**Sunday 8:00pm - 9:30pm**

"Renfrew Sundays"

St Margarets Church Hall, 55 Paisley Road, Renfrew, PA4 8LG

## EAST DUNBARTONSHIRE

**Wednesday 7.30pm-9.00pm**

"Kirkintilloch Wednesdays"

Addiction Recovery Services, 29 Townhead, Kirkintilloch, G66 1NG

**Thursday 7:30pm - 8:30pm**

"Bearsden Acceptance is the Answer"

ST Andrews church 29 Roman Road Bearsden G61 2SN

**Friday 7:30pm - 9:00pm**

"Auchinairn Fridays"

Free Church of Scotland, 13 Auchinairn Road, Bishopbriggs, G64 1RX

## WEST DUNBARTONSHIRE

**Monday 8.00pm-9.30pm**

"A Second Go at Life"

CATRA, 5 Alexander Street, Alexandria G83 0PG

**Tuesday 7.45pm-9.00pm**

"Clydebank Tuesdays"

Radnor Park Parish Church, Spencer St, Clydebank, G81 3AS

**Wednesday 8.00pm-9.30pm**

"Recovery At The Rock"

St Augustines Church Hall, St Marys Way, Dumbarton, G82 1LL

## INVERCLYDE

**Tuesday 7.30pm-9.30pm**

“Greenock Tuesdays”  
Salvation Army, 59 Regent St, Greenock, PA15 4NP

**Sunday 12:00pm-2:00pm**

“The Big Fight-Live”  
Greenock Boxing Club, 1 Bawhirley Rd  
Greenock, PA15 2BN

## ARGYLL AND BUTE

**Friday 8.00pm-9.30pm**

“Helensburgh First CA Meeting”  
St.Joseph’s Lower Hall, Grant St  
Helensburgh, G83 7QN

## SOUTH AYRSHIRE

**Friday 8:00pm - 9:30pm**

“Progress Ayr Friday Night”  
Riverside Evangelical Church, John St,  
Ayr, KA8 OBS

## NORTH AYRSHIRE

**Monday 7.30pm-9.00pm**

“Irvine Monday”  
Vineburgh Community Centre,  
Quarry Rd, Irvine, KA12 0PS

**Tuesday 6.00pm-7.00pm**

“Big Book Study Irvine Tuesday”  
Vineburgh Community Centre,  
Quarry Rd, Irvine, KA1 20PS

**Thursday 7.30pm-9.00pm**

“Thursday Meditation”  
Woodlands Centre, 16 Kilwinning Rd,  
Irvine, KA12 8RU

**Friday 8.00pm-9.30pm**

“Irvine Fridays”  
Woodlands Centre, 16 Kilwinning Rd  
Irvine, KA12 8RU

## EAST AYRSHIRE

**Tuesday 8.00pm-9.30pm**

“Stronger Together”  
Scottish Episcopal Church, Portland Road,  
Kilmarnock, KA1 2BT

**Wednesday 8:00pm-9.30pm**

“Kilmarnock Tuesdays”  
North West Community Centre, Western Road,  
Kilmarnock, KA3 1NQ

**Saturday 1:30pm - 3:00pm**

“Kilmarnock Saturdays”  
North West Community Centre, Western Road,  
Kilmarnock, KA3 1NQ

## EDINBURGH

**Monday 7.30pm - 9.00pm**

“The truth will set free (Meditation)”  
Salvation Army (Gorgie), 431 Gorgie Road,  
Edinburgh, EH11 2RT

**Monday 8:00pm - 9:30pm**

“Happy Mondays (Edinburgh)”  
South Leith Baptist Church, Casselbank Street  
Edinburgh, EH6 5HA

**Tuesday 1.30pm - 2.30pm**

“Niddrie Street”  
Salvation Army (Niddrie Street), 25 Niddrie Street  
Edinburgh, EH1 1LG

**Wednesday 11:00am - 12.00pm**

“Edinburgh - Lunchtime Wednesday”  
Lifeline Project Offices, 62 Broughton St  
Edinburgh, EH1 3SA

**Wednesday 7.30pm - 9.00pm**

“Edinburgh Big Book Study”  
GDS Church, 190-192 Gorgie Road,  
Edinburgh, EH11 2NX

**Thursday 1.00pm - 2.00pm**

“Chesser Thursday”  
St Aidens Church Hall, Chesser Avenue  
Edinburgh, EH14 1TB

**Thursday 6.00pm - 7.00pm**

“Keep it Simple”  
Turning Point, 5 Links Place  
Edinburgh, EH6 7EZ

**Thursday 7.00pm - 8.00pm**

“Bridge to Shore”  
Gate 55 Community Centre, 55 Sighthill Rd,  
Edinburgh EH1 4PB

**Thursday 7.30pm - 9.00pm**

“Big Book Discussion”  
GDS Church, 190-192 Gorgie Rd,  
Edinburgh, EH11 2NX

**Friday 8:00 - 9:30pm**

“TGI Friday Edinburgh”  
Jackson’s Close, 32 Cockburn Street,  
Edinburgh, EH1 1PB

**Sunday 6:00pm-7:30pm**

“Cockburn St Sundays”  
Jackson’s Close, 32 Cockburn Street,  
Edinburgh, EH1 1PB

## WEST LOTHIAN

**Wednesday 7:00pm - 8:30pm**

“A Vision For You”  
Cyrenians Recovery Hub, 27 George Street,  
Bathgate, EH48 1PW

**Saturday 12.00pm - 1.30pm**

“Livingston Saturday”  
St. John’s Hospital, Howden Rd West,  
Livingston, EH54 6PP

**Sunday 8.00pm - 9.30pm**

“Fauldhouse CA Sunday Spirit”  
Fauldhouse & Breich Valley Indoor Market,  
1 Blackfaulds Place, Fauldhouse, EH47 9AS

## MIDLOTHIAN

**Monday 11:30am - 12:30pm**

“We do recover”  
Glensk Centre, 1/5 Duke Street,  
Dalkeith, EH22 1BG

**Tuesday 8.00 - 9.00pm**

“Gorebridge Tuesdays”  
Gorebridge Parish Church, 100 Hunterfield Road  
Gorebridge, E23 4TT

**Thursday 11:30am - 12:30pm**

“Glensk Thursday”  
Glensk Centre, 1/5 Duke Street,  
Dalkeith, EH22 1BG

**Friday 1:00 - 2:00pm**

“Friday Afternoons”  
Dalkeith Baptists Church, 8 North Wynd,  
Dalkeith EH22 1JE

## EAST LOTHIAN

**Wednesday 8:00pm -9:00pm**

“Tranent Wednesdays”  
St Martins Church Hall, 156 High Street,  
Tranent, EH33 1HJ

**Friday 4.30pm -5.30pm**

“Musselburgh CA Friday”  
The Esk Centre Ladywell  
Musselburgh, EH21 6AB

**Saturday 6:00pm - 7:00pm**

“There is a solution”  
Cowden Park Pavilion, Cowden Park,  
Dalkeith, EH22 2HA

## FALKIRK

**Tuesday 7.30pm-8.30pm**

“How We Recovered (Falkirk Big Book Study)”  
Addictions Support & Counselling,  
32 Vicar Street (Top Buzzer), Falkirk, FK1 1JB

**Thursday 8.00pm-9.00pm**

“Welcome to Cocaine Anonymous”  
Falkirk Trinity Church, Manse Place,  
Falkirk, FK1 1JN

## FIFE

**Monday 7.30pm-8.30pm**

“Hell And Back,”  
St Serfs Parish Church, 82 Main St,  
Lochgelly, KY5 9AA

## SCOTTISH HIGHLANDS

**Monday 7:00pm-8:30pm**

“12x12 Meeting”  
38-40 Grant Street (behind charity shop).  
Inverness, IV3 8BS

**Wednesday 7:00pm-8:30pm**

“Big Book Discussion”  
Dunbar Centre, 86 Church Street,  
Inverness, IV1 1EP

**Friday 7:00pm-8:15pm**

“Friday Night Step Meeting”  
CYC Building, 12 Bank Street  
Inverness, IV1 1QY

## SCOTTISH BORDERS

**Sunday 7.30pm - 8.45pm**

“12 Step 12 Traditions Discussion”  
Rosetta Neighbourhood Centre, 17 Rosetta Road,  
Peebles, EH45 8JU

## USEFUL NUMBERS

.....  
.....  
.....  
.....

# COCAINE ANONYMOUS SCOTLAND MEETING LIST



## March 2019

Helpline: 0141 959 6363

[www.cascotland.org.uk](http://www.cascotland.org.uk)

[info@cascotland.org.uk](mailto:info@cascotland.org.uk)

PO Box 2816  
Glasgow G61 9AX

For any changes to the meeting list please email:  
[info@cascotland.org.uk](mailto:info@cascotland.org.uk)