

## GLASGOW

### Monday 1:00pm - 2:00pm

"The Monday Club - Step Meeting"  
Church of the Nazarene, Burgher St,  
Glasgow, G31 4TP

### Monday 7:30pm - 8:45pm

"Happy Mondays (Glasgow)"  
St. Paul's Church, 1653 Shettleston Road, Glasgow, G32 9AR

### Monday 8.00pm-9.15pm

"The Way Out Big Book Study"  
Partick Burgh Halls, Glasgow, G11 5LW

### Monday 7.30pm-8.45pm

"Step 10/11 World of the spirit"  
Kelvinbridge Parish Church, 62 Belmont St, Maryhill,  
Glasgow, G20 6JR

### Monday 8.00pm-9.30pm

"HFC-Newcomers Meeting"  
Reuther Hall, 31 Victoria St, Rutherglen,  
Glasgow G73 2SL

### Monday 7:30pm - 9:00pm

"Free at Last"  
MossPark Baptist Church  
155 Corkerhill Rd, Glasgow, G52 1PG

### Monday 7:30pm - 9:00pm

"Springburn Monday Night"  
[Gladstreams Center](#), AOG Church, Palermo St, Springburn,  
Glasgow, G21 4SX

### Tuesday 1:00pm - 2:00pm

"Newcomers Meeting"  
St Marys RC Church, 89 Abercromby St, Glasgow, G40 2DQ

### Tuesday 7:30pm-8.30pm

"The Southside Solution"  
Pollockshaws Burgh Hall, 2025 Pollockshaws Road,  
Glasgow, G43 1NE

### Tuesday 7:30pm-9.00pm

"Tuesday Women's Meeting (Gorbals)"  
Gorbals Parish Church, 1 Errol Gardens  
Glasgow, G5 0RA

### Tuesday 8:00pm-9.00pm

"12 Step Recovery"  
Woodlands Methodist Church, Woodlands Road,  
Glasgow, G3 6LW

### Tuesday 8.00pm-9.30pm

"There is a Solution"  
St. Paul's Church, 1653 Shettleston Road, Glasgow, G32 9AR

### Tuesday 8.00pm-9.30pm

"Royal Recovery"  
Glasgow Royal Infirmary (Old Building), 84 Castle Street  
Glasgow, G4 0SF

### Wednesday 7.30-8.30pm

"Whiteinch Wednesdays"  
Whiteinch Community Centre, 1 Northinch court,  
Glasgow G14 0UG

### Wednesday 7:30pm-8.30pm

"Burgher St Wednesdays"  
Church of the Nazarene, Burgher St, Glasgow, G31 4TP

### Wednesday 8:00pm-9.00pm

"Big Book Study Group - Glasgow"  
Anderston and Kelvingrove Church, 759 Argyle St,  
Glasgow, G3 8DS

### Thursday 12:00pm-1:00pm

"Thursday Lunch Hour"  
St Simons RC Church, 33 Partick Bridge St,  
Glasgow, G11 6PQ

### Thursday 7:00pm - 8:30pm

"Whiteinch Women's Big Book" CLOSED MEETING  
Whiteinch Community Centre, 1 Northinch Court,  
Glasgow, G14 0UG

### Thursday 8:00pm - 9:30pm

"Fellowship of the Spirit Big Book Study"  
"Shettleston Methodist Church, 1104 Shettleston Road,  
Glasgow, G32 7PH

### Thursday 8:00pm - 9:30pm

"Recovery Meeting"  
Quaker Meeting House, Elmbank Lane  
Glasgow G2 4PS

### Friday 10:30am - 11:30am

"12&12 Study Group"  
St Simons RC Church, 33 Partick Bridge St,  
Glasgow, G11 6PQ

### Friday 1:00pm - 2:00pm

"Calton Fridays"  
St Mary's RC Church, 89 Abercromby St,  
Glasgow, G40 2DQ

### Friday 6:00pm - 7:00pm

"Carry This Message"  
Whiteinch Community Centre, 1 Northinch Court,  
Glasgow, G14 0UG

### Friday 7:30pm - 9:00pm

"LGBT Fridays"  
Scottish Recovery Consortium, 30 Bell Street (2nd Floor),  
Merchant City, Glasgow, G1 1LG

### Friday 7:45pm - 9:15pm

"Castlemilk Friday Night"  
Castlemilk Community Centre, 121 Castlemilk Drive,  
Glasgow, G45 9UG

### Friday 8.00pm - 9:30pm

"Etive Street Friday"  
Salvation Army (Shettleston), 34 Etive Street  
Glasgow, G32 7LX

### Friday 10:30pm-11.30pm

"Late Night Friday"  
Church of the Nazarene, Burgher St,  
Glasgow, G31 4TP

### Saturday 10:00am - 11:15am

"Parkhead Saturdays"  
Parkhead Congregational Church, 77 Westmuir St, Parkhead  
Glasgow, G31 5EW

### Saturday 3:00pm-4.00pm

"Women's Meeting"  
Woodlands Methodist Church, Woodlands Road,  
Glasgow, G3 6LW

### Saturday 5:00pm-6.30pm

"Woodlands Saturdays"  
Woodlands Methodist Church, Woodlands Road,  
Glasgow, G3 6LW

### Saturday 8:00pm-9.00pm

"A Vision for You"  
Barclay Curle House, South Street  
Glasgow, G14 0BX

### Saturday 8:00pm-9.30pm

"Saturday Night Fever"  
Gorbals Parish Church, 1 Errol Gardens,  
Glasgow, G5 0RA

### Sunday 11:30am - 12:30pm

"Easterhouse Sunday's"  
Glasgow Kelvin College, 1040 Westerhouse Rd,  
Glasgow, G34 9JW

### Sunday 1:30pm - 3:00pm

"Step into The Solution"  
Whiteinch Community Centre, 1 Northinch Court  
Glasgow, G14 0UG

### Sunday 8:00pm - 9:30pm

"Riddrie Sunday"  
St Enoch Church, 860 Cumbernauld Road  
Glasgow, G33 2QW

### Sunday 7:00pm - 8:15pm

"Newcomers meeting"  
Couper Institute, Holmlea Road, Cathcart,  
Glasgow, G44 3DA

### Sunday 8:00pm - 9:15pm

"Shettleston Sunday Step Meeting"  
St Serfs Church, 1464 Shettleston Road,  
Glasgow, G32 9AL

## SOUTH LANARKSHIRE

### Monday 8.00pm-9.30pm

"Step into the promises"  
Tannochside Senior citizens centre, 2 Thorniewood Rd,  
Uddingston, G71 5QQ

### Wednesday 7:30pm - 9.00pm

"The Basics - Newcomers Meeting"  
David Milne Centre, Old Mill Rd,  
Uddingston G71 7PF

### Wednesday 7:30pm - 9:00pm

"Beginners into Action"  
East Mains Baptist Church, 12 Maxwell Drive, The Village,  
East Kilbride, G74 4HG

### Thursday 7:00pm - 8:30pm

"Hamilton Thursdays"  
Main Stand - New Douglas Park, Cadzow Avenue,  
Hamilton, ML3 0FT

### Saturday 10:30am - 11:45am

"EK Saturday Morning"  
East Mains Baptist Church, 2 Maxwell Drive, The Village,  
East Kilbride, G74 4HG

## NORTH LANARKSHIRE

### Monday 8.00 pm-9.30pm

"What's It Called (Cumbernauld Monday Night)"  
Muirfield Community Centre, 1A South Muirhead Road,  
Cumbernauld, G67 1AX

### Tuesday 8:00pm - 9:30pm

"Young Newcomers"  
St Andrews School, 9 Old Monklands Road  
Coatbridge, ML5 5EA

### Thursday 1pm-2pm

"Daytime Solutions - Motherwell"  
ISA Money Community Centre, Muirhouse Road  
Motherwell, ML1 2LT

### Thursday 8.00pm-9.00pm

"Airdrie Thursdays"  
Clarkston Parish Church, Forrest St  
Airdrie, ML6 7BE

### Friday 8:00pm - 9:30pm

"Coatbridge Fridays"  
St Andrews School, 9 Old Monklands Road,  
Coatbridge, ML5 5EA

### Saturday 9:30 am - 11:30 am

"Cumbernauld Step Meeting"  
Muirfield Community Centre, 1A South Muirhead Road,  
Cumbernauld, G67 1AX

### Saturday 8:00pm - 9:30pm

"Wishaw Saturday"  
Saint Andrew's Scottish Episcopal Church, 39 Belhaven Terrace  
Wishaw, ML2 7AY

### Sunday 12.30pm - 2.00pm

"Sunday Session"  
Saint Andrew's Scottish Episcopal Church, 39 Belhaven Terrace  
Wishaw, ML2 7AY

## RENFREWSHIRE

### Monday 7:30pm - 9:00pm

"Paisley Monday"  
The Wynd Centre, 6 School Wynd, Paisley, PA1 2DB

### Wednesday 7:30pm-8.30pm

"Paisley Wednesdays"  
The Wynd Centre, 6 School Wynd, Paisley, PA1 2DB

### Friday 7:30pm - 9:00pm

"TGI Friday Paisley CA"  
Salvation Army (Paisley), Mill Street,  
Paisley, PA1 1ND

### Sunday 8:00pm - 9:30pm

"Renfrew Sundays"  
St Margarets Church Hall, 55 Paisley Road,  
Renfrew, PA4 8LG

## EAST DUNBARTONSHIRE

### Wednesday 7.30pm-9.00pm

"Kirkintilloch Wednesdays"  
Addiction Recovery Services, 29 Townhead,  
Kirkintilloch, G66 1NG

### Thursday 7:30pm - 8:30pm

"Bearsden Acceptance is the Answer"  
ST Andrews church 29 Roman Road  
Bearsden G61 2SN

### Friday 7:30pm - 9:00pm

"Auchinairn Fridays"  
Free Church of Scotland, 13 Auchinairn Road,  
Bishopbriggs, G64 1RX

## WEST DUNBARTONSHIRE

### Monday 8.00pm-9.30pm

"A Second Go at Life"  
CATRA, 5 Alexander Street,  
Alexandria G83 0PG

### Tuesday 7.45pm-9.00pm

"Clydebank Tuesdays"  
Radnor Park Parish Church, Spencer St,  
Clydebank, G81 3AS

### Wednesday 8.00pm-9.30pm

"Recovery At The Rock"  
St Augustines Church Hall, St Marys Way,  
Dumbarton, G82 1LL

## INVERCLYDE

### Tuesday 7.30pm-9.30pm

"Greenock Tuesdays"  
Salvation Army, 59 Regent St, Greenock, PA15 4NP

### Sunday 12:00pm-2:00pm

"The Big Fight-Live"  
Greenock Boxing Club, 1 Bawhirley Rd  
Greenock, PA15 2BN

## ARGYLL AND BUTE

Friday 8.00pm-9.30pm  
"Helensburgh First CA Meeting"  
St Joseph's Lower Hall, Grant St  
Helensburgh, G83 7QN

## SOUTH AYSRSHIRE

Friday 8:00pm - 9:30pm  
"Progress Ayr Friday Night"  
Riverside Evangelical Church, John St,  
Ayr, KA8 0BS

## NORTH AYSRSHIRE

Monday 7.30pm-9.00pm  
"Irvine Monday"  
Vineburgh Community Centre,  
Quarry Rd, Irvine, KA12 0PS

Tuesday 6.00pm-7.00pm  
"Big Book Study Irvine Tuesday"  
Vineburgh Community Centre,  
Quarry Rd, Irvine, KA1 20PS

Thursday 7.30pm-9.00pm  
"Thursday Meditation"  
Woodlands Centre, 16 Kilwinning Rd,  
Irvine, KA12 8RU

Friday 8.00pm-9.30pm  
"Irvine Fridays"  
Woodlands Centre, 16 Kilwinning Rd  
Irvine, KA12 8RU

## EAST AYSRSHIRE

Tuesday 8.00pm-9.30pm  
"Stronger Together"  
Scottish Episcopal Church, Portland Road,  
Kilmarnock, KA1 2BT

Wednesday 8:00pm-9:30pm  
"Kilmarnock Tuesdays"  
North West Community Centre, Western Road,  
Kilmarnock, KA3 1NQ

Saturday 1:30pm - 3:00pm  
"Kilmarnock Saturdays"  
North West Community Centre, Western Road,  
Kilmarnock, KA3 1NQ

## EDINBURGH

Monday 7.30pm - 9.00pm  
"The truth will set free (Meditation)"  
Salvation Army (Gorgie), 431 Gorgie Road,  
Edinburgh, EH11 2RT

Monday 8:00pm - 9:30pm  
"Happy Mondays (Edinburgh)"  
South Leith Baptist Church, Casselbank Street  
Edinburgh, EH6 5HA

Tuesday 1.30pm - 2.30pm  
"Niddrie Street"  
Salvation Army (Niddrie Street), 25 Niddrie Street  
Edinburgh, EH1 1LG

Wednesday 11:00am - 12.00pm  
"Edinburgh - Lunchtime Wednesday"  
Lifeline Project Offices, 62 Broughton St  
Edinburgh, EH1 3SA

Wednesday 7.30pm - 9.00pm  
"Edinburgh Big Book Study"  
GDS Church, 190-192 Gorgie Road,  
Edinburgh, EH11 2NX

Thursday 1.00pm - 2.00pm  
"Chesser Thursday"  
St Aidens Church Hall, Chesser Avenue  
Edinburgh, EH14 1TB  
Thursday 6.00pm - 7.00pm  
"Keep it Simple"  
Turning Point, 5 Links Place  
Edinburgh, EH6 7EZ

Thursday 7.00pm - 8.00pm  
"Bridge to Shore"  
Gate 55 Community Centre, 55 Sighthill Rd,  
Edinburgh EH1 4PB

Thursday 7.30pm - 9.00pm  
"Big Book Discussion"  
GDS Church, 190-192 Gorgie Rd,  
Edinburgh, EH11 2NX

Friday 8:00 - 9:30pm  
"TGI Friday Edinburgh"  
Jackson's Close, 32 Cockburn Street,  
Edinburgh, EH1 1PB

Sunday 6:00pm-7:30pm  
"Cockburn St Sundays"  
Jackson's Close, 32 Cockburn Street,  
Edinburgh, EH1 1PB

## WEST LOTHIAN

Wednesday 7:00pm - 8:30pm  
"A Vision For You"  
Cyrenians Recovery Hub, 27 George Street,  
Bathgate, EH48 1PW

Saturday 12.00pm - 1.30pm  
"Livingston Saturday"  
St. John's Hospital, Howden Rd West,  
Livingston, EH54 6PP

Sunday 8.00pm - 9.30pm  
"Whitburn CA Sunday Spirit"  
The Harrison Hut, 2/2 Jubilee Road,  
Whitburn, EH47 0AB

## MIDLOTHIAN

Monday 11:30am - 12:30pm  
"We do recover"  
Glensk Centre, 1/5 Duke Street,  
Dalkeith, EH22 1BG

Tuesday 8.00 - 9.00pm  
"Gorebridge Tuesdays"  
Gorebridge Parish Church, 100 Hunterfield Road  
Gorebridge, E23 4TT

Thursday 11:30am - 12:30pm  
"Glensk Thursday"  
Glensk Centre, 1/5 Duke Street,  
Dalkeith, EH22 1BG

Friday 1:00 - 2:00pm  
"Friday Afternoons"  
Dalkeith Baptists Church, 8 North Wynd,  
Dalkeith EH22 1JE

## EAST LOTHIAN

Wednesday 8:00pm -9:00pm  
"Tranent Wednesdays"  
St Martins Church Hall, 156 High Street,  
Tranent, EH33 1HJ

Friday 4.30pm -5.30pm  
"Musselburgh CA Friday"  
The Esk Centre Ladywell  
Musselburgh, EH21 6AB  
Saturday 6:00pm - 7:00pm  
"There is a solution"  
Cowden Park Pavilion, Cowden Park,  
Dalkeith, EH22 2HA

## FALKIRK

Tuesday 7.30pm-8.30pm  
"How We Recovered (Falkirk Big Book Study)"  
Addictions Support & Counselling,  
32 Vicar Street (Top Buzzer), Falkirk, FK1 1JB

Thursday 8.00pm-9.00pm  
"Welcome to Cocaine Anonymous"  
Falkirk Trinity Church, Manse Place,  
Falkirk, FK1 1JN

## FIFE

Monday 7.30pm-8.30pm  
"Hell And Back,  
St Serfs Parish Church, 82 Main St,  
Lochgelly, KY5 9AA

## SCOTTISH HIGHLANDS

Monday 7:00pm-8:30pm  
"12x12 Meeting"  
38-40 Grant Street (behind charity shop).  
Inverness, IV3 8BS

Wednesday 7:00pm-8:30pm  
"Big Book Discussion"  
Dunbar Centre, 86 Church Street,  
Inverness, IV1 1EP

Friday 7:00pm-8:15pm  
"Friday Night Step Meeting"  
CYC Building, 12 Bank Street  
Inverness, IV1 1QY

## SCOTTISH BORDERS

Sunday 7.30pm - 8.45pm  
"12 Step 12 Traditions Discussion"  
Rosetta Neighbourhood Centre, 17 Rosetta Road,  
Peebles, EH45 8JU

## USEFUL NUMBERS

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PO Box 2816  
Glasgow G61 9AX

For any changes to the meeting list please email:

[info@cascotland.org.uk](mailto:info@cascotland.org.uk)

# COCAINE ANONYMOUS SCOTLAND MEETING LIST



February 2019

Helpline: 0141 959 6363

[www.cascotland.org.uk](http://www.cascotland.org.uk)

[info@cascotland.org.uk](mailto:info@cascotland.org.uk)