



TWELVE TRADITIONS

- 1: Our common welfare should come first; personal recovery depends upon C.A. unity.
- 2: For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3: The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
- 4: Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
- 5: Each group has but one primary purpose - to carry its message to the addict who still suffers.
- 6: A C.A. group ought never endorse, finance or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- 7: Every C.A. group ought to be fully self-supporting, declining outside contributions.
- 8: Cocaine Anonymous should remain forever non-professional, but our service centres may employ special workers.
- 9: C.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
- 10: Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn into public controversy.
- 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
- 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS: 1: Our common welfare should come first; personal recovery depends upon A.A. unity. 2: For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern. 3: The only requirement for A.A. membership is a desire to stop drinking. 4: Each group should be autonomous except in matters affecting other groups or A.A. as a whole. 5: Each group has but one primary purpose - to carry its message to the alcoholic who still suffers. 6: An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose. 7: Every A.A. group ought to be fully self-supporting, declining outside contributions. 8: Alcoholics Anonymous should remain forever non-professional, but our service centres may employ special workers. 9: A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve. 10: Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy. 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films. 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.